How to reset a natural gas regulator

After natural gas service is restored
The natural gas is back on. Now what? To restore the flow of natural gas to your home and appliances, you may need to reset the regulator.

What is a regulator?
A regulator is a safety valve that closes when natural gas supply is interrupted. It is always next to the natural gas meter, which can be inside or outside your home. For most people, it is outside.

There are two types of regulators
1. **Sealed regulator**
   This regulator resets automatically when natural gas service is restored. You do not have to do anything to it. Never try to break the seal.

2. **Manual regulator**
   You need to manually reset this kind of regulator.

How to reset manual regulators
1. Turn off all your natural gas appliances. Carefully follow the instructions on the plate or sticker on each appliance.
2. Go to your regulator and unscrew the round cap. You should be able to do so by hand, but sometimes a wrench is needed.
3. Locate the plunger inside and use your fingers to pull it out. This is how you reset the regulator. Never use tools for this part.
4. Screw the cap back on.
5. Check the test dials on the natural gas meter. They are the two dials located just below a set of four dials.
6. If any of the dials are moving, make sure all your natural gas appliances are shut off.
7. When the dials are not moving, you are ready to re-light your natural gas appliances.

Summary
- Turn off all natural gas appliances.
- Unscrew the cap if it is a manual regulator.
- With your fingers, pull the plunger.
- Replace the cap.
- Check test dials are not moving.
- Re-light your appliances.